



Curriculum Vitae, Djouher Hough, Psy.D.



Djouher Hough, Psy.D.
Apex Innovative Sciences
Hassman Research Institute, LLC

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AFFILIATIONS:

Berlin Medical Associates
175 Cross Keys Rd, Suite 300A
Berlin, NJ 08009

Comprehensive Clinical Research
175 Cross Keys Road
Berlin, NJ 08009

EDUCATION:

2013 - 2019 Doctorate of Clinical Psychology
LaSalle University, Philadelphia, PA

2011 - 2013 Master of Arts, Psychology
Columbia University, New York, NY

2007 - 2011 Bachelor of Arts, Psychology
St. John's University, Queens, NY

INTERNSHIP:

07/2018 - 07/2019 Clinical Psychology Internship
Pennsylvania Counseling Services & Crossroads Renaissance: Lebanon, PA

PROFESSIONAL EXPERIENCE:

Principal Investigator, Sub-Investigator, Psychometric Rater, 2019 – Present
Apex Innovative Sciences

Principal Investigator, Sub-Investigator, Psychometric Rater, 2019 – Present
Hassman Research, Institute, LLC, Berlin and Marlton, NJ

PROFESSIONAL EXPERIENCE (continued):

Drug and Alcohol Clinician, 07/2018 - 07/2019

Pennsylvania Counseling Services & Crossroads Renaissance, Lebanon, PA

Psychometrician, Psychology Practicum, 09/2016 -10/2017

Bancroft NeuroRehab, Resnick Center Mt. Laurel, NJ

Master's Level Clinician, Psychology Practicum, 07/2015 - 07/2016

University of Pennsylvania Psychiatric Center, Philadelphia, PA

Research Assistant, 09/2014 - 2017

LaSalle University, Marriage and Family Counseling Department, Philadelphia, PA

Master's Level Clinician, Psychology Practicum, 06/2014 - 06/2015

NHS Human Services: Mt. Airy, PA

Emotion Regulation Clinic, Master's Level Clinician, 05/2014 - 05/2017

LUCPS: LaSalle University Community Psychological Services, Philadelphia, PA

Peripartum Depression Clinic, Master's Level Clinician, 05/2014 - 05/2017

LUCPS: LaSalle University Community Psychological Services, Philadelphia, PA

Phone Intake Clinician, 08/2013 - 08/2014

LUCPS: LaSalle University Community Psychological Services, Philadelphia, PA

NY Focus Group Leader, 10/2012 - 01/2013

Teachers College, Columbia University, Office of School and Community Partnerships, Partnership Schools Consortium, New York, NY

Psychometrician, 09/2012 - 02/2013

Neurorehabilitation & Neuropsychological Services, P.C., Massapequa, NY

Psychometrician, 06/2012 - 06/2013

New York State Psychiatric Institute, New York, NY

Mental Health Lecturer/Data Analyst, 01/2012 - 06/2013

Columbia University, Clinical Psychology and Health Department, Think Smart Project, New York, NY

Psychometrician, 9/2011-06/2012

New York State Psychiatric Institute, Substance Treatment and Research Services (STARS) Clinic, New York, NY

Research Assistant, 06/2010 - 09/2010

St. John's University, Department of Psychology, Queens, NY

INVESTIGATOR EXPERIENCE:

Phase I • Attention-Deficit/ Hyperactivity Disorder • Bipolar Disorder
Depression • Schizophrenia or Schizoaffective Disorder

CLINICAL TRIAL EXPERIENCE:

Phase I Studies

A Phase I, Randomized, Double-blind, Placebo-controlled, Single-Ascending-Dose Trial to Evaluate the Safety, Tolerability, Immunogenicity, and Pharmacokinetics of Intravenous XXX in Healthy Volunteers

A 2-Part, Phase I Study of XXX Pharmacodynamics and Pharmacokinetics Alone and in the Presence of Alprazolam or Ethanol

A Phase I, Randomized, Double-Blind, Placebo-Controlled, Combined Single and Multiple Ascending Dose Study to Assess the Safety, Tolerability, Pharmacokinetics, and Pharmacodynamics of XXX Oral Solution in Healthy Subjects

A Phase I, Safety/Tolerance Study to Evaluate a New Titration Scheme in Patients with Bipolar I Disorder or Schizophrenia

A Phase I, Multi-Center Study of Event-Related Potential (ERP) Biomarkers in Subjects with Schizophrenia and Healthy Volunteer Subjects

Phase II-IV Studies

Attention-Deficit/Hyperactivity Disorder (ADHD)

A Phase III, Randomized, Double-Blind, Placebo-Controlled, Multicenter, Parallel-Group Flexible-Dose Study of the Efficacy and Safety of XXX in Adults with Attention-Deficit/Hyperactivity Disorder

Depression

A Phase II, Two-Part Study of XXX as an Adjunct Therapy in Subjects with Major Depressive Disorder

A Phase III, Randomized, Double-blind, Placebo Controlled Study of the Efficacy and Safety of XXX with a Fixed, Repeated Treatment Regimen on Relapse Prevention in Adults with Major Depressive Disorder

CLINICAL TRIAL EXPERIENCE (continued):

Schizophrenia

A Phase IV, Open-label, Rapid Initiation Study to for Extended-Release Buprenorphine Subcutaneous Injection

A Phase II, Randomized, Double-Blind, Placebo-Controlled Study to Evaluate the Safety and Efficacy of XXX as an Adjunctive Treatment in Adult Patients with Schizophrenia

A Phase III, Randomized, Double-blind, Parallel-group, Placebo-controlled, Fixed-dose, Multicenter Study to Evaluate the Efficacy and Safety of XXX in Acutely Psychotic Subjects with Schizophrenia

SCALE ADMINISTRATION EXPERIENCE:

Acceptance and Action Questionnaire (AAQ22)
Beck Anxiety Inventory (BAI)
Beck Depression Inventory (BDI)
Beck Hopelessness Scale (BHS)
Beck Suicide Scale (BSS)
Benton Visuospatial Memory Test (BVMT)
Boston Diagnostic Aphasia Examination (BDAE)
Boston Naming Test (BNT)
Brief Assessment of Cognition in Schizophrenia
Brief Mood Survey
Buschke Selective Reminding Test (SRT)
California Verbal Learning Test (CVLT)
Choice Reaction Time Test (CRT)
Clinical Opiate Withdrawal Scale
Clock Drawing Test
Columbia Suicide Severity Rating Scale (CSSRS)
Controlled Oral Word Association Test (COWAT)
Delis Kaplan Executive Function System (DKEFS)
Depression, Anxiety, and Stress Scale (DASS21)
Difficulties in Emotion Regulation Scale (DERS)
Dissociative Experiences Scales (DES-II)
Finger Tapping Test
Flanker Test
Grooved Pegboard Test
Integrated Visual and Auditory Continuous Performance Test (CPT)
Iowa Gambling Test
Mini Mental State Exam (MMSE)
Minnesota Multiphasic Inventory – Second Edition (MMPI-II)
Minnesota Multiphasic Inventory – Second Edition, Restructured Format (MMPI-2, RF)

SCALE ADMINISTRATION EXPERIENCE (continued):

Neuropsychological Assessment Battery (NAB)
Outcome Questionnaire (OQ-45)
Patient Health Questionnaire (PHQ-9)
Quality of Life Inventory (QOLI)
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
Rey Complex Figure Test (RCFT)
Reynolds Intellectual Assessment Scales (RIAS)
Stroop Test
Test of Variables of Attention- (T.O.V.A.)
Texas Functional Living Scale (TFLS)
Trail Making Test A & B)
UCSD Performance-based Skills Assessment (UPSA-B)
Wechsler Adult Intelligence Scale – Fourth Edition (WAIS-IV)
Wechsler Intelligence Test for Children (WISC-IV)
Wechsler Memory Scale – Fourth Edition (WMS-IV)
Wechsler Test of Adult Reading (WTAR)
Wide Range Achievement Test – Fourth Edition (WRAT-IV)
Wisconsin Card Sorting Test – (WCST)

PROFESSIONAL AFFILIATIONS:

2016 - Present	Student Member of the National Academy of Neuropsychology
2014 - Present	Student Member of the Pennsylvania Psychological Association
2014 - Present	Student Member of the American Counseling Association
2012 - Present	Student Member of the American Psychological Association

PROFESSIONAL ACTIVITIES AND DEVELOPMENT:

07/2018 - 05/2019	Pennsylvania Department of Drug and Alcohol Programs (DDAP) Trainings
05/2017	Bancroft NeuroRehab, Grand Rounds Working in an Interdisciplinary Team for Persons Served with TBI
03/2017	National Academy of Neuropsychology Webinar: How to Conduct a Culturally- Informed Neuropsychological Evaluation with Asian Americans.
11/2016	Bancroft NeuroRehab, Grand Rounds Case Study on a Veteran with TBI and PTSD: Occupational Therapy's Role in Improving Community Reintegration
10/2016	National Academy of Neuropsychology Webinar: Memory Loss, Alzheimer's Disease & Dementia

PROFESSIONAL ACTIVITIES AND DEVELOPMENT (*continued*):

04/2016	Trauma Focused: Cognitive Behavioral Therapy Web-based learning Course
01/2016	CITI GCP Training: Human Research Institute
09/2015	Relias Learning: Online Co-occurring Disorders Webinar Series: Integrating Combined Therapies
03/2015	North Eastern Human Services (NHS): Mt. Airy, PA Child Abuse and Prevention Training

POSTER PRESENTATIONS AND CONFERENCES:

Cohen, E. A., Hassman, H. H., Walling, D. P., Grindell, V. M., Wyka, K., Hough, D., Lobb, J. M., Joseph, A. V., Glass, S. J., Ball, R. R., and Ereshefsky, L. (November, 2020). Preferences of the Opioid Use Disorder patient: Clinical trial methodologies and COVID19 mitigations that motivate participation. Poster presented at the Annual International / Canadian Society of Addiction Medicine (I/CSAM) Conference, Virtual.

Rigney, N., Bessai, D., Paddock, B., Zugu, E., Haggerty, K. (2017). The intraclass correlation reliability of the Texas functional living scale. Poster Presentation at the National Academy of Neuropsychology conference in Boston, Massachusetts.

Jacob, C.J., Bessai, D., Ruggiero, S., & Theobald, A. (2016). Vicarious traumatization and the role of mindfulness among mental health counselors. Ninety-Minute presentation at the American Counseling Association conference in Montreal, Canada. Acceptance rate for ACA 2016: 21%

Jacob, C. J., Roth, G., Bessai, D., Ruggiero, S., & Theobald, A. (2015). Vicarious traumatization: Using mindfulness practice to increase awareness of internal processes. Ninety-minute presentation at the American Counseling Association conference in Orlando, Florida. Acceptance rate for ACA 2015: 23%.

BIOSKETCH:

Director of Addictions and Pain Management Research, Investigator, Hassman Research Institute

Dr. Hough joined HRI in 2019 with extensive experience in counseling and research in the areas of pain and addiction. She provides leadership of clinical services at both the Marlton and Berlin locations as well as expert support for study design. Dr. Hough oversees the dedicated pain and addictions unit and staff, regularly providing training sessions and workshops on topics such as the neurobiology of addiction, ways to effectively manage biases and implement sensitivity when interacting with SUD populations, and de-escalation strategies to employ if patients become uncooperative or agitated. Dr. Hough has additionally served on advisory boards for addictions studies. Dr. Hough's expertise has enabled HRI to expand its capabilities in pain and addictions, ensuring it can successfully execute highly demanding and complex trials.

BIOSKETCH (*continued*):

Work History:

Prior to HRI, Dr. Hough provided drug and alcohol counseling in inpatient and outpatient forensic settings at Pennsylvania Counseling Services, and addictions and pain management counseling at the University of Pennsylvania Outpatient Psychiatry Center. She has provided clinical services for the treatment of co-occurring SUDs, mood disorders, personality disorders, and psychoses in several community mental health settings. Earlier in her career she conducted research at the Columbia University addiction centers and New York State Psychiatric Institute.

Dr. Hough has written extensively on neuropsychological and cognitive function in SUD populations and delivered numerous poster presentations at major psychology conferences.

Dr. Hough is an advocate of Medication Assisted Treatment (MAT), which uses medications in combination with counseling and behavioral therapy, for patients with SUDs. She collaborates with MAT treatment providers to improve treatment outcomes and reduce incidence of relapse.